



# STEPPING STAR

*GYMNASTICS & DANCE*

86A Congress Plaza • Saratoga Springs, NY 12866 • (518) 584-5153

## Summer Classes 2010

Classes from:

June 21st - August 27th

Gymnastics Programs:



Birthday Parties  
Summer Camp  
Competitive Teams

Accepting Enrollment throughout Summer

[www.steppingstar.com](http://www.steppingstar.com)

**PRESCHOOL  
3 & 4  
YEAR OLDS**

Tuesday  
9:15-10:00  
5:30-6:15

Wednesday  
9:15-10:00

Thursday  
9:15-10:00  
5:30-6:15

**PARENT CHILD  
WALKING  
THRU AGE 4**

Tuesday  
10:00-10:45

**OPEN GYM  
TIME**

Mon-Thurs  
11:30-12:30  
\$7.00 - Pre-School  
thru 12 yrs

Thursday  
7:30-9:00pm  
\$12.00 5 & Up

**BEGINNER &  
INTERMEDIATE  
5 YEAR OLDS & UP**

Tuesday  
9:15-10:15  
5:30-6:30  
6:30-7:30

Wednesday  
9:15-10:15

Thursday  
9:15-10:15  
5:30-6:30

**ADVANCED  
CLASSES  
5 YEAR OLDS & UP**

Tuesday  
10:15-11:15  
6:30-7:30

Wednesday  
10:15-11:15

Thursday  
10:15-11:15

**TEAM TUITION IS BASED ON 5 WEEK SESSIONS**

**LEVEL 1  
PRE-TEAM**

Tuesday    Thursday  
6:15-7:45    10:00-11:30  
1 or 2 Days per week

**LEVEL 2  
PRE-TEAM**

Monday Tuesday Thursday  
9:00-11:00    6:15-8:15    5:30-7:30  
2 or 3 Days per week

**LEVEL 3/4/5  
RECREATIONAL TEAM**

Monday    Tuesday    Thursday  
9:00-11:00    5:30-8:30    5:30-7:30

**LEVEL 4/5  
USAG SANCTIONED  
JUNIOR OLYMPIC TEAM**

Monday    Tuesday    Thursday  
9:00-1:00    5:30-8:30    5:30-7:30

**CHEER**

Tuesday  
6:30-7:30

# CLASS DESCRIPTIONS

## Pre-School Class

The aim of our pre-school program is to introduce gymnastics to children from walking age to age 3 while teaching basic body awareness through movement. We provide a positive environment for a confidence building experience.

## Parent Child Class

A great way to start classroom skills! Walking through age 3 participate in class with their parent or guardian while a teacher guides both through fun activities.

## Open Gym

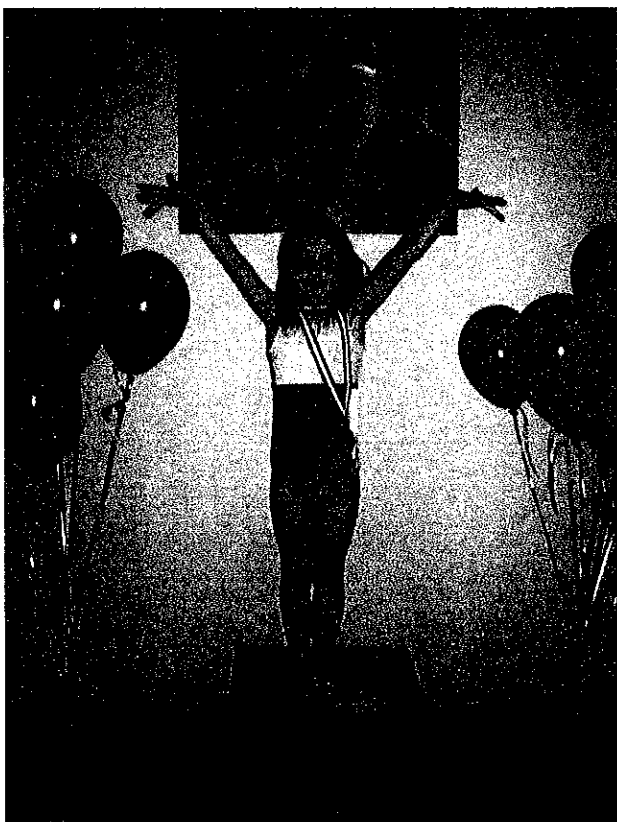
All families are welcome to participate in open gym where children and parents work at their own pace, becoming more familiar with activities and equipment.

## Summer Camp

4 Hours of Gymnastic fun. Camp is divided into 2 hours of gymnastics instruction followed by games, contests, open gym time, snack and awards. A great way to entertain your child this summer and get great physical activity at the same time!

## Instructional Classes

In our school age instructional program, our goal is to teach fundamentals to students ages 5 to 18. Progressions on all events are taught in a positive environment so students can safely learn new skills. This program is designed to prepare students for competition in their Middle and High Schools. Beginner = 1st year students, Intermediate = 2nd & 3rd year, Advanced = Bridge Kickover for 1 HR class, Round off back handspring for 90 minute class.



## Tuition

(for 10 week session)

- 45 minute class = \$145.00
- 60 minute class = \$160.00
- 90 minute class = \$190.00

Open Gym = \$12.00 (Thurs @ 7pm)  
 \$7.00 (Preschool thru age 12)  
 (Tues, Wed, Thurs 11:30-12:30)

## Tuition By The Class

- 45 minute class = \$19.00
- 60 minute class = \$20.00
- 90 minute class = \$25.00

Make-Ups available for missed classes  
 Discounts Available for multiple children

Saratoga Springs, NY 12866  
86A Congress Plaza

# STEPPING STAR



## SUMMER CAMP

### WEEK 1:

June 21st - June 24th

### WEEK 2:

June 28th - July 2nd

### WEEK 3:

July 6th - July 9th

### WEEK 4:

July 12th - July 16th

### WEEK 5:

July 19th - July 23rd

### WEEK 6:

July 26th - July 30th

### WEEK 7:

August 2nd - Aug 6th

### WEEK 8:

August 9th - Aug 13th

### WEEK 9:

August 16th - Aug 20th

*Discounts available for additional weeks and siblings*

**3 & 4 Year Olds**  
**9AM-11:30AM**

\$120.00 per week/per 5 days  
\$30 per day

**3 & Up**  
**9AM-1:00PM**

\$180.00 per week/per 5 days  
\$40 per day